



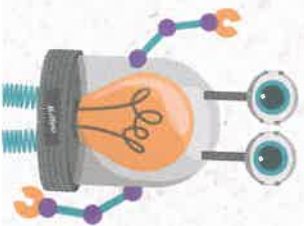
5 A DAY



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese pizza Or Jacket potato with 5 A DAY filling	Sausage roll	Roast of the day	Chicken goujons	Fish of the day
VEGETARIAN MAIN DISH	See above	Quorn sausage roll	Fishcakes	Quorn dippers	Fish or cheese quiche
ACCOMPANIMENTS	Garlic pasta and peas	Roast potatoes and veg	Mash and broccoli	Potato wedges and sweetcorn	Chips and beans
DESSERTS	Assorted desserts	Assorted desserts	Assorted desserts	Assorted desserts	Ice cream
MENU'S COULD CHANGE DUE TO STOCK SHORTAGES					



# MENU



Fuel your afternoon with a healthy school lunch from Mellors

5 A DAY

- 1 OF YOUR 5 A DAY



- HEALTHY OPTION